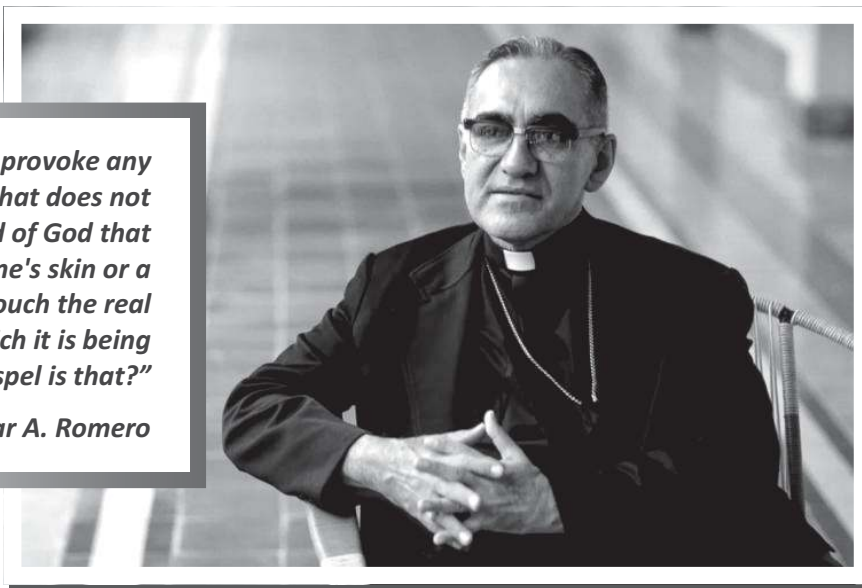




*“A church that does not provoke any crisis, preach a gospel that does not unsettle, proclaim a word of God that does not get under anyone’s skin or a word of God that does not touch the real sin of the society in which it is being proclaimed: what kind of gospel is that?”*

— Oscar A. Romero



## Beloved Archbishop Romero to be Canonized Oct. 14

by Mary Ann Erdtmann

Archbishop Oscar Romero, archbishop of San Salvador, El Salvador, will be canonized in Rome on Sunday, Oct. 14.

Beloved archbishop of our brothers and sisters in Ellacuria and all of El Salvador, Archbishop Romero was killed on March 24, 1980, by soldiers trained at the School of the Americas in Fort Benning, Georgia now known as the Western Hemisphere Institute for Security Operations.

He was appointed Archbishop of San Salvador in 1977. At that time he was not very much involved with the poor and oppressed in his country. It was the murder of his friend, Fr. Rutilio Grande, who worked with the campesinos, against oppression by the landowners and government that motivated Archbishop Romero to also be a champion for the oppressed throughout El Salvador.

With growing oppression of the poor and oppressed as they tried to organize in protest, Archbishop Romero began to speak out. His Sunday homilies, broadcast on the radio, denounced the oppression of the government and offered hope to those who were being oppressed. In these homilies, he would give the numbers of people killed during the prior week and offer condolences and encouragement in the struggle for justice.

The day before Archbishop Romero died, in his homily, he appealed to the military and police;

*\*Brothers, you belong to our own people. You kill your own brother peasants, and in the face of an order to kill that is given by a man, the law of God should prevail that says: Do not kill.\**

The next day he was killed while celebrating Mass in the chapel of a hospital.

With growing opposition by the government and military for him, and aware that his own death was pending, Archbishop Romero said, “If I am killed, I will rise again in the people of El Salvador.”

And indeed it has. Fr. Fredis Sandoval, a Salvadoran priest who knew Archbishop Romero, said: “Archbishop Romero’s vision of the church of the people is a legacy not only anchored in the past, but also a challenge for the present and the future.” He said Archbishop Romero’s legacy should “lead us to an understanding what God’s message is for us today.” May we, in solidarity with our brothers and sisters in Ellacuria, carry out Archbishop’s legacy of caring for the oppressed and speaking out against injustice.

# 2018 School Supply Drive



*Working to end homelessness, one life at a time.* THE CATHEDRAL CENTER

9/7/2018

Good Shepherd Catholic Church  
N88 W17658 Christman Rd  
Menomonee Falls, WI 53051

Dear Parish Congregation,

Women and families with children continue to make up the fastest growing segment of the homeless population. Over the past several years, we have provided over 18,000 shelter nights on an annual basis and have experienced an average monthly occupancy rate of 100%. Last year alone, we also provided early intervention case management services to help prevent an episode of homelessness to over 77 families and 26 individual women in our community.

Thanks to YOU our 37 kids are all starting school with cool new backpacks filled with all the supplies needed for a strong start! Children experiencing homelessness are more likely to spend their school day distracted by the emotional stress and trauma of poverty and/or crisis. With so many unknowns, you have provided our kids with the ability to say "I AM prepared for my first day of school and I DO have the tools to succeed!" Supplies will continue to be used for families that move into Shelter and Friendship House and even our community families after the school year is in session.

Again, thank you. Together we provide a safe environment for women and families, while working to end homelessness, one life at a time.

Together in Service,

Ana Treptow  
Volunteer & Development Coordinator  
The Cathedral Center



# Immigration Prayer Service

## Led by Good Shepherd Parish

submitted by Barb Messerknecht

On July 10, 2018, at Ascension Lutheran Church, we gathered to pray together for protection for immigrants and for moral courage for Members of Congress to show leadership in enacting humane immigration reform. We lit candles and remembered our sisters and brothers by calling out the names of those being detained or in the process of deportation and/or deported.

Immigrant families and workers are living in a state of fear, constantly worrying about the next raid that would rip parents and children apart, or how the anti-immigrant sentiment will impact their families. Faith and community leaders can no longer idly sit by and watch these families be torn apart by dehumanizing policies and rhetoric." Now is the time to restore dignity and respect to all families and communities.

In the Gospel of Matthew, Jesus tells us to welcome the stranger for "what you do to the least of my brothers" (and sisters, "you do to me." The Qur'an tells us that we should "serve God ....and do good.....to orphans, those in need, neighbors who are near, neighbors who are strangers, the companion by your side, the wayfarer that you meet." The Hindu scripture tells us: "The guest is a representative of God."

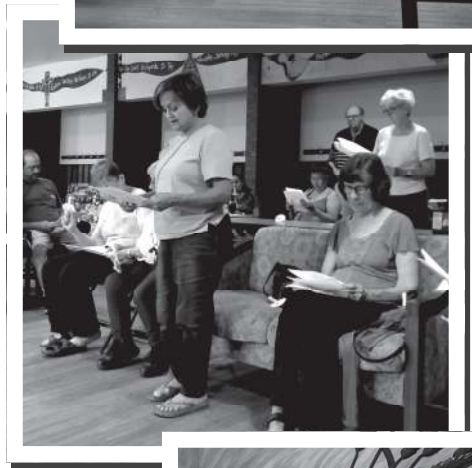
St Paul's letter to the Hebrews states: "Let mutual love continue. Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it. Remember those who are in prison, as though you were in prison with them; those who are being tortured, as though you yourselves were being tortured." Hebrews 13:1-3

### Review of Catholic Social Teaching ...Simply Stated

1. **Life and Dignity of the Human Person:** All people are holy and made in the image of God.
2. **Call to Family, Community, and Participation:** People are both holy and social: when one suffers, we all suffer.
3. **Rights and Responsibilities:** People have basic rights to life, food, shelter, health care, education and work.
4. **Option for the Poor and Vulnerable:** The Jesus "test" of a community (of society) is how it treats its neediest members.
5. **Dignity of Work and Rights of Workers:** Money, work and business exist to serve people, not the other way around.
6. **Solidarity:** We are called to work for justice for all people.
7. **Care for God's Creation:** We care for God's creation

The monthly service was prepared by Barb and Jeff Messerknecht. Voces Sanctuary Movement translated and provided names of deportees. Attendees: Joan Plumley, Anne Meyer, Jim Yerger, Chuck and Judy Koenig, Mary Crawford, S. Joann, Jeannine Rampant, Michael and Lucy Bloedorn.

Sanctuary represented by: Shana Harvey, Pastor Walter Baires, Ascension Lutheran





# ctober 2018

## Good Shepherd Parish Calendar

Sunday	Monday	Tuesday	Wednesday
<b>30</b> 9:30 AM - Liturgy 10:45 AM In the Spotlight	<b>1</b> 9:00 AM Sleeping Bags & More 11:00 AM Faith Sharing Group 7:00 PM Pastoral Council Meeting	<b>2</b> 8:30 AM - Liturgy 7:00 PM Choir Practice	<b>3</b> 9:00 AM Fellowship 1:00 PM Prayer for the Sick 7:00 PM Doubters, S...
<b>7</b> <i>Blood Pressures after Mass</i> 9:30 AM - Liturgy 10:45 AM In the Spotlight 6:00 PM Cathedral Center Meal	<b>8</b> 9:00 AM Sleeping Bags & More 11:00 AM Faith Sharing Group 12:30 PM Cards for the Homebound 7:00 PM Commissions Meeting 7:00 PM Outreach Meeting	<b>9</b> 8:30 AM - Liturgy 7:00 PM Choir Practice	<b>10</b> 10:30 AM Healing P...
<b>14</b> 9:30 AM - Liturgy 10:40 AM Generations of Faith 7:00 PM Gay & Straight in Christ	<b>15</b> 9:00 AM Sleeping Bags & More 11:00 AM Faith Sharing Group 7:00 PM Finance Council	<b>16</b> 8:30 AM - Liturgy 7:00 PM Choir Practice	<b>17</b> <i>St. Bens Meal drop-off</i> 9:00 AM Fellowship
<b>21</b> 9:30 AM - Liturgy 10:45 AM In the Spotlight	<b>22</b> 9:00 AM Sleeping Bags & More 11:00 AM Faith Sharing Group 6:30 PM Building & Grounds	<b>23</b> 8:30 AM - Liturgy	<b>24</b> 7:00 PM Men's Disc...
<b>28</b> 9:30 AM - Confirmation Candidate and Sponsor Mass 10:45 AM Confirmation Candidate and Sponsor Speaker and Lunch 10:45 AM Growing Faith 10:45 AM In the Spotlight	<b>29</b> 9:00 AM Sleeping Bags & More 11:00 AM Faith Sharing Group	<b>30</b> 8:30 AM - Liturgy 7:00 PM Choir Practice 7:00 PM Reader's Prep at Good Shepherd	<b>31</b> - 7:00 p.m. Mass of the Feast of All Saints 9:00 AM Fellowship



	Thursday	Friday	Saturday
Gathering Peace Seekers, Thinkers	<b>4</b> 10:30 AM - Communion Service at Menomonee Place 6:30 PM Ellacuria Sister Parish Committee 7:00 PM Choir Practice	<b>5</b> 8:30 AM - Liturgy	<b>6</b> Blood Pressures after Mass 3:30 PM - Reconciliation 4:30 PM - Liturgy 7:30 AM Youth Group - St. John Bosco Youth Day 5:30 PM Parish Gathering
Prayer	<b>11</b> 10:30 AM - Communion Service at MFHCC 7:00 PM Choir Practice 7:00 PM Parish Gathering	<b>12</b> 8:30 AM - Liturgy	<b>13</b> 3:30 PM - Reconciliation 4:30 PM - Liturgy 5:40 PM Generations of Faith
off, Teams 1, 2 & 3 Gathering	<b>18</b> 7:00 PM Choir Practice	<b>19</b> 8:30 AM - Liturgy	<b>20</b> 3:30 PM - Reconciliation 4:30 PM - Liturgy
ussion Group	<b>25</b> 10:30am - Communion Service at MFHCC 6:30 PM Stewardship Committee Meeting 7:00 PM Choir Practice	<b>26</b> 8:30 AM - Liturgy	<b>27</b> 3:30 PM - Reconciliation 4:30 PM - Liturgy 8:00 AM Reader's Prep at St. James
Anticipation for ts Gathering	<b>1</b> 10:30 AM - Communion Service at Menomonee Place 6:30 PM Ellacuria Sister Parish Committee 7:00 PM Choir Practice	<b>2</b> 8:30 AM - Liturgy	<b>3</b> - Blood Pressures after Mass 3:30 PM - Reconciliation 4:30 PM - Liturgy 2:00 PM 1st Reconciliation 5:30 PM Game Night



*Due to the holiday schedule, the September Pastoral Council Notes will be included in next month's Breaking Bread.*

## *Comfort for Those Who Mourn*

*by Laverne Schoonover*

So many people imagine that death cruelly separates us from our loved ones. Even pious people are led to believe this great and sad mistake. When our loved ones die, they do not leave us, they remain. They do not go into some dark and distant place they simply begin their eternity.

We do not seek them because we are still in the darkness of the world. But their spiritual eyes, filled with the light of heaven, are watching us as they wait for the day when we shall share their perfect joy. We are born for heaven and one by one we end this life of tears to begin our life in endless happiness.

I have often reflected upon this beautiful truth and found it the greatest and surest comfort in time of mourning. A firm faith in the continual presence of our loved ones has brought the conviction and consolation that death has not destroyed them, nor carried them away, rather it has given them life! A life with power to know fully and to love perfectly. With this new life and new power, our loved ones are always present to us, knowing and loving us more than ever before.

The tears that dampen our eyes in times of mourning are tears of homesickness, tears of longing for our loved ones,



but it is we who are away from home, not they. Death has been for them a doorway to an eternal home, and only because this heavenly home is invisible to our worldly eyes, we cannot see them so near to us. Yet, they are with us, lovingly and tenderly awaiting the day when we too will enter the doorway of our eternal home.

No, death is not a separation, it is a preparation for eternal union with those we love in the peace and joy of heaven.

## *Enhance Your Soul With Musings*

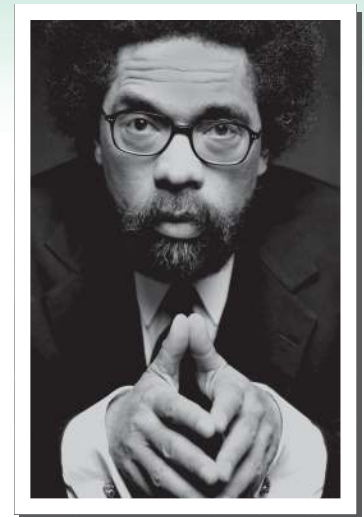
*by Maggie Brooks*

Cornel West is one of the most recognizable and provocative intellectuals in the U.S. In addition to being a regular guest on TV news programs and talk shows, he has been at the front line of many major social-justice protests.

"Sister Judith!" West said, welcoming me in and offering me a chair across from him at his big wooden desk. He was unhurried and gave me his full attention. When I asked about his habit of addressing people as "sister" and "brother", he explained that it symbolizes the idea of our common humanity and that we are made in God's image: "We are essentially the same, with the same fears, anxieties, and insecurities, and our bodies are headed toward the same destiny: the worms or the ashes. There is a beautiful connection we have with each other."

**What do you think?**

*Live in Love*



# Women Celebrating the Spirit

## St. Clare & St. Francis: Imitators of Christ

by Barb Finley for *Women Celebrating the Spirit*

**Jesus emptied himself...  
and God lifted him high. (Philippians 2:1-9)**

One of the great things about Francis of Assisi is the vast number of people he has inspired over the years through his words and his example.

One of his first followers was Clare of Assisi. Clare, like Francis, was born into a wealthy family in the late 12th century. For noblewomen of the day, the expectations were clear: either marry another wealthy person or join a wealthy religious order.

Against strong family pressure and with the support of Francis and his brothers, Clare chose a non-traditional path for a woman. Instead of giving her wealth to a man or to a monastery, she gave it to the poor. She kept what she thought of as the spirit of the Gospels: the virtues of poverty, humility, and charity.

Soon Clare attracted more women to her way of life, and a convent was established at a San Damiano church. The group was originally known as the Poor Ladies because

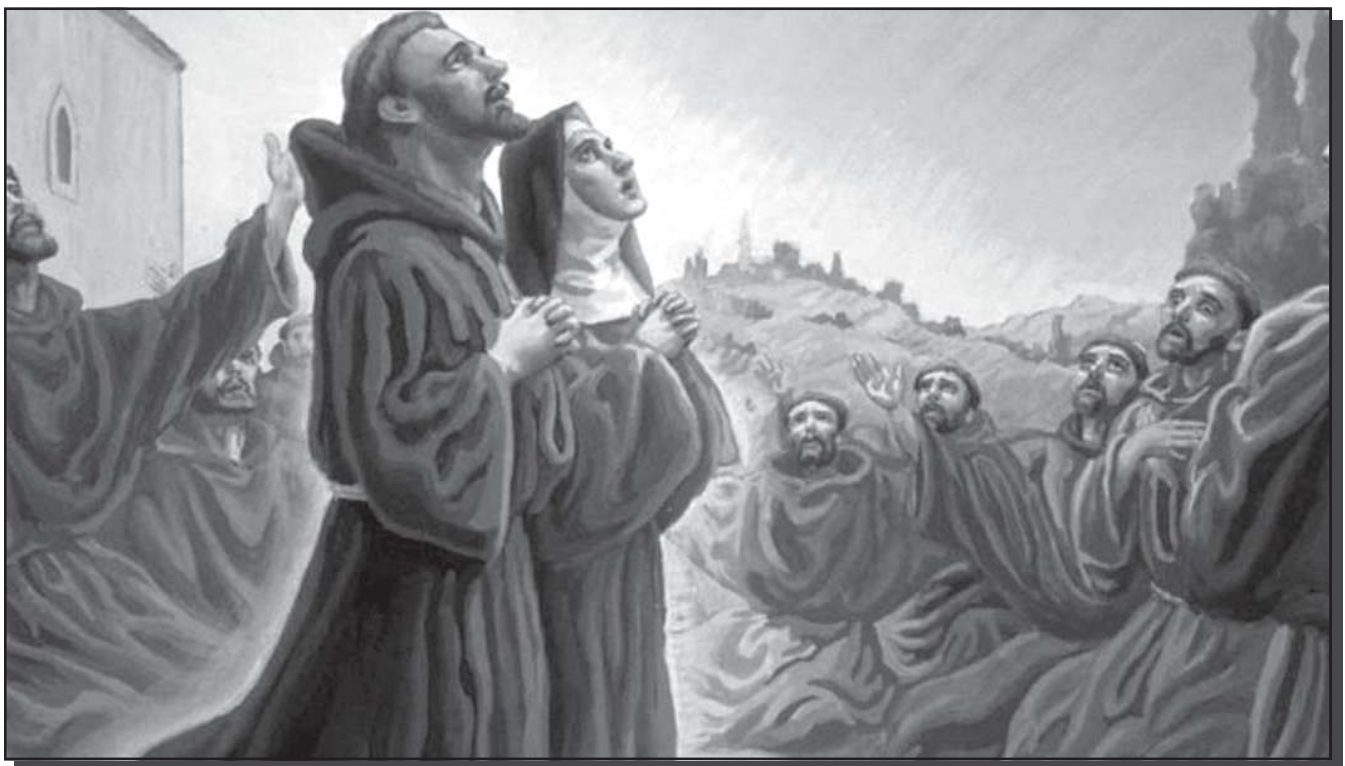
they shared Francis's commitment to "Lady Poverty." They eventually became the Poor Clares.

The sisters depended on food donations to supplement their garden vegetables. They slept on straw mattresses and wore simple clothes. They prayed many times each day. They made altar cloths. They ministered to the sick and gave from their scarce resources to the poor.

When the pope wanted to absolve Clare from her radical poverty, she said, "Absolve me from my sins, Holy Father, but not from my wish to follow Christ."

"Christ is the way," she said, "and Francis showed it to me." Clare said the devotion to poverty, humility, and charity was based on the life of Jesus, "who was placed poor in the crib, lived poor in the world, and remained naked on the cross."

We learn from Clare and Francis that living simply and "being an empty vessel for God to fill" can bring spiritual rewards. Their example "provides a model for Christian conduct: serving others, living in humility, praying regularly with a community, developing spiritual friendship, and extending the healing power of Christ to those in need."





**Your Green Corner**  
by Mary Kult

**ZIPLOCK BRAND BAGS ARE RECYCLABLE**

Ziploc brand bags are made with high-quality, recyclable materials so that your food, your family and our planet stay protected. They are highly sustainable, just look for the bin next time you're at local participating store. Your Ziploc bags [clean and dry] go in the same bins as those plastic shopping bags.

The process of recycling uses far less energy than manufacturing with brand new raw materials. Recycling conserves energy and natural resources, reduces pollution, and helps prevent landfills from filling up. Simply, we protect the environment for our children and future generations.

You can drop off ZIPLOC BAGS, PLASTIC GROCERY BAGS, NEWSPAPER BAGS, DRY CLEANING BAGS, BREAD BAGS, TOILET PAPER, NAPKIN AND PAPER-TOWEL WRAP, PLASTIC SHIPPING ENVELOPES AND ALL BAGS LABELED #2 AND #3

The majority of recycled Ziploc containers become composite lumber used in fences, park benches, decks, door and window frames and even playground equipment.

Ziploc bags are meant to be reused multiple times and by doing so, less trash lands up in landfills. When it is time to replace, recycle so they can be converted into something else.

Information acquired from the Internet. To learn more about recycling plastic go to [www.plasticfilmrecycling.org](http://www.plasticfilmrecycling.org)



**Health Bytes**  
by Laverne Schoonover RN

**SALT VS. SODIUM**

What's the difference between salt and sodium? Sodium itself is what makes your blood pressure go up. Salt is sodium chloride, about half sodium and half chloride, it's a major source of sodium in the diet, but it's not the only one. Sodium is also found in products such as baking soda which is sodium bicarbonate, and various preservatives and thickening agents in the form of sodium phosphate and other compounds. That's one reason you should limit the Consumption of processed and packaged foods. They tend to be high not just in salt but also in other sodium containing compounds. In fact, processed and packaged foods-not table salt- are the main sources of sodium in the American diet.

So, to limit sodium, eat whole foods as much as possible. And when buying packaged foods, look for those that provide 5% or less of your daily sodium value, says Arlene Dalcin, a registered dietician at the Johns Hopkins School of Medicine. Note that food labels list the amount of sodium in a product from all sources, not just salt.

Source: *Consumer Report on health* (July 2018)



**To our new members....**

- ✝ **Kimberly and Bryon Landolt with children, Lydia and Mackenzie**
- ✝ **Sarah Ollinger with son, Ty Binder**
- ✝ **Cory and Linnea DeBraal with children, Aria and Jaron**
- ✝ **Kayle Pitterle and Alejandra Trejo with child, Mariah Garcia**
- ✝ **Adam and Kristen Barr with children, Evelyn and Walter**
- ✝ **Keith and Maureen Janosch**



**BREAKING BREAD**

Furthering the spiritual growth of the Good Shepherd Community by providing an inspirational view of parish life.  
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- Mark Steimle.....Editor
- Mary Crawford.....Layout/Content Coordinator
- Mary Ann Erdtmann.....Staff Writer
- Barb Finley.....Staff Writer
- Mary Kult.....Staff Writer
- Laverne Schoonover.....Staff Writer